Packing list:

Clothing and Personal Care Items

To help you feel comfortable and prepared for your stay, we recommend bringing:

Clothing (5–7 Changes Recommended)

- ☐ Shirts and sweatshirts
- ☐ Elastic-waist pants
- ☐ Sleepwear and a robe
- ☐ Undergarments and socks
- ☐ Light sweater or jacket
- ☐ Non-skid slippers with backs
- ☐ Supportive shoes with non-slip soles (Velcro or slip-on preferred)

Personal Care Items

Daily care products are provided, but you're welcome to bring your preferred brands.

- ☐ Toothbrush and toothpaste
- ☐ Hairbrush or comb
- ☐ Deodorant
- ☐ Shampoo and body wash
- ☐ Shaving supplies (if applicable)
- ☐ Lotion or moisturizer (optional)

Personal Medical Equipment

- ☐ Glasses and case
- ☐ Hearing aids and extra batteries
- ☐ Dentures and denture supplies
- ☐ Walker, cane, or wheelchair (if already in use)

Optional Comfort Items

- ☐ Family photos or a small decorative item
- ☐ Favorite blanket or pillow
- ☐ Books or magazines
- ☐ Small clock or calendar
- ☐ Device charger or labeled electronics

IMPORTANT REMINDERS

- **All clothing should be machine washable and easy to put on and remove.**
- **Please label all clothing with the resident's name using laundry-safe tape or markers.**
- **Do not bring cash, credit cards or valuable items.**